Lesson plan

Webster University

**Curriculum Development in Second Language Classrooms** 

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# CURRICULUM DEVELOPMENT IN SECOND LANGUAGE CLASSROOMS

## I. LESSON PLAN

| Teacher:     | Yusupova Makhbuba                     |
|--------------|---------------------------------------|
| Date:        | 28.11.2021                            |
| Institution: | INU (International Nordic University) |
| Class:       | 114/Mixed (17-26)                     |
| Number:      | 10 students                           |
| Level:       | B1                                    |
| Subject:     | Integrated Skills                     |
| Theme:       | "Addiction to Smartphone"             |
| Duration:    | 80 minutes                            |

| Content Objectives   | Learning Objectives  |
|--|--|
| SWABT:   | SWABT:   |
| <ul> <li>Tell of smart phone addiction problems;</li> <li>Look through and learn about smart phone addiction statistics;</li> <li>Clarify how much they are addicted to their cell phones;</li> <li>Make up interesting survey based on the topic, "Addiction to Smartphone";</li> <li>Describe newspaper report;</li> </ul> | Speaking <ul> <li>Compose smart phone addictions;</li> <li>Writing</li> <li>Write news report, text/essay on the topic "Addiction to Smartphone";</li> <li>Reading</li> <li>Read about statistics;</li> <li>Listening</li> <li>Podcast, BBC, ABC</li> <li>Assessment:</li> <li>Formative - observing students</li> </ul> |

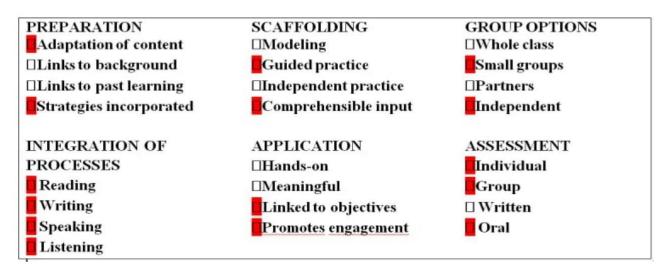
### **II. OBJECTIVES**

Key vocabulary: social network, Twitter, Instagram, Facebook, surfing the net, habit,

interrupted life, online teaching/learning/business/shopping, smartphone, addiction.

Supplementary materials: zoom, a laptop/smart phone, Google slides, internet, handouts,

Zoom, brochure, speakers, projector.

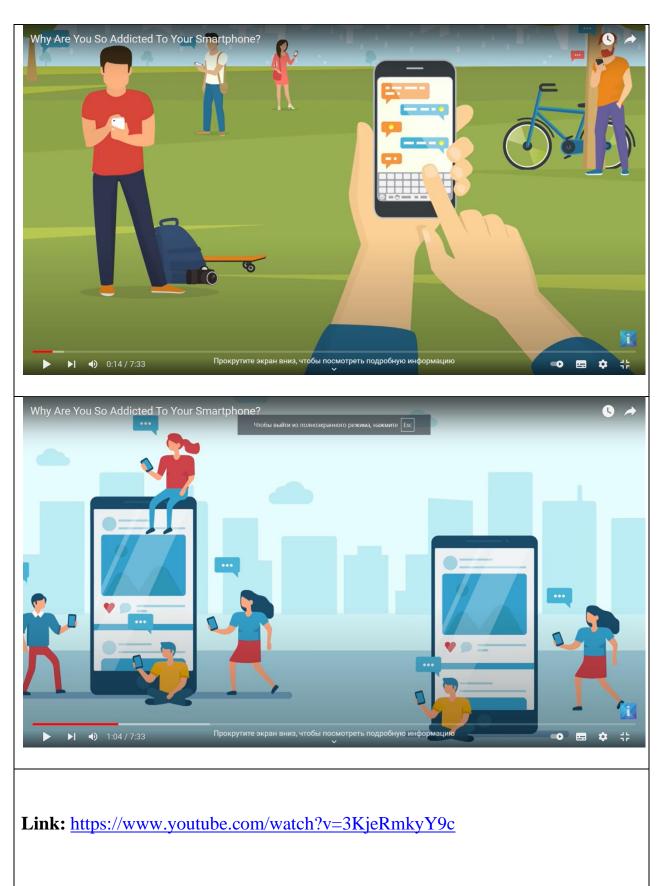


| N | Lesson              | Activities  | Time   |
|---|---------------------|---|--------|
| 1 | Lead-in<br>activity | Instructor will play video on YouTube asking learners to watch carefully and<br>analyze the girl's response. [L] After watching the video learners will be asked to discuss the video and<br>answer each others' questions. [S] <ul> <li>What do you feel when you watched the girl's actions?</li> <li>What is your main aim of using your cell phone?</li> <li>Can you imagine living a month without your phone?</li> <li>How frequently do you use your phone during study?</li> <li>Link of the video:<br/>https://www.youtube.com/watch?v=J95DS4PdQZQ&amp;feature=youtu.be</li> </ul> | 10mins |
| 2 | Activity<br>1       | Teacher will ask students to answer and complete all questions on<br>https://www.gamestolearnenglish.com/fast / website about "smart<br>phone addiction" and they will be asked to guess if those statements are true<br>or false.<br>Speaking<br>• Then they will be asked to check and discuss their answers<br>Writing   | 15mins |

# **III.** Technological map of the lesson:

|   |            | Students should make up some questions for asking Uzbek people to conduct   |        |
|---|------------|---|--------|
|   |            | survey;   |        |
|   |            | After survey they collect all information and gather statistics about       |        |
|   |            | individuals who use smart phones in Uzbekistan and compare these statistics |        |
|   |            | to other people who are living other parts of the world;                    |        |
|   |            | All statistics will be taken from these links:                              |        |
|   |            | https://techjury.net/stats-about/smartphone-addiction/#gref                 |        |
|   |            | https://leftronic.com/smartphone-addiction-statistics/                      |        |
|   |            | (Appendix 2)  |        |
|   |            |   |        |
|   |            | Reading   |        |
|   |            | Teacher will divide the pupils into small four groups and make them work    |        |
|   |            | together: A, B, C, D;   |        |
|   |            | Reading handout contains four parts   |        |
|   |            | • (Group A: Part I,   |        |
|   |            | • Group B: Part II,   |        |
|   | Activity 2 | • Group C: Part III,  | 20mins |
| 3 |            | • Group D: Part IV,)  |        |
|   |            | 15minutes will be given to read and comprehend then they will discuss on    |        |
|   |            | Zoom platform, discuss with other group members. This will be both reading  |        |
|   |            | and speaking activity.  |        |
|   |            | Finally, the leaders of each group are asked to demonstrate their part with |        |
|   |            | their works such as diagram, pie, pictures or tables etc.                   |        |
|   |            | (Appendix 3)  |        |
|   |            |   |        |
|   |            |   |        |

| 4 | Activity 3 | Writing<br>Acquirers are divided into 2 group, each group will consists of 5people they<br>will discuss article based on the topic on breakout rooms of Zoom platform.<br>They are observed by their instructors frequently.<br>Mentor gives them various general topics helps them to write and<br>Allows them with news report writing skills.  | 25mins |
|---|------------|---|--------|
| 5 | Marking    | <ul> <li>They are graded according to</li> <li>homework</li> <li>participation</li> <li>teamwork</li> <li>and results of activities</li> <li>(marking system is below)</li> </ul>   | 5mins  |
| 6 | Homework   | Homework is creating one survey poll to clarify the importance of using<br>mobile phone in Uzbekistan. It should contain about 20 questions and this<br>survey should include 20 male and 20 female participants.<br>They gather this report in a week and write report.<br>The home assessment is sent to their instructor via email or Telegram and it<br>has to be finished before the next lesson. begins | 5mins  |



**IV. APPENDIX 1** 



**Appendix 2** 

#### **APPENDIX 3**

# What Is Phone Addiction?

Phone addiction is the obsessive use of a smartphone. The behavioral addiction is often dubbed as "nomophobia," or the fear of being without a mobile device. There are over 3.8 billion smartphone users in the world. Research published by Virgin Mobile discovered that those billions of smartphone users receive 427% more messages and notifications than they did a decade ago. They also send 278% more texts. The rise in phone use seems like a natural necessity for modern life, however, it can also cause concern and negative consequences. The heavy use of these devices has consumers questioning their cellular habits. According to Google Trends, since 2004 searches for "cell phone addiction" have been rising.

## **Designed To Be Addictive**

Access to a smartphone can make life easier by making information accessible. Still, the convenience comes at a price. The devices are carefully designed to be hard to put down. Through its colors, sounds, and vibrations, the <u>technology purposely keeps its users engaged</u>. According to former Google design ethicist Tristan Harris, features like "pull to refresh" were inspired by slot machines and other casino games. Designers and engineers meticulously develop every aspect of the device to create fanatical users.

# **Negative Effects Of Phone Addiction**

Chronic phone use is a recently developed form of addiction. The American Psychiatric Association does not officially recognize the condition. Still, it is acknowledged as a <u>behavioral addiction</u> by many medical professionals and researchers worldwide. According to several studies, over time, the devoted use of smartphones can alter and negatively impact an individual much like gambling.

Phone addiction may lead to:

- Sleep deficit
- Lower concentration
- Creativity blocks
- Aggravated ADD
- Anxiety
- Reduced cognition

- Stress
- Loneliness
- Insecurity
- Impaired relationships
- Poor grades
- Psychological disorders

Link: https://www.addictioncenter.com/drugs/phone-addiction/

| 10    | outstanding   |
|-------|---------------|
| 9     | excellent     |
| 8     | Very good     |
| 7     | good          |
| 6     | above average |
| 5     | average       |
| 4     | Below average |
| 3,2,1 | weak          |

## I. EVALUATION

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